

Forever Young Radio Show



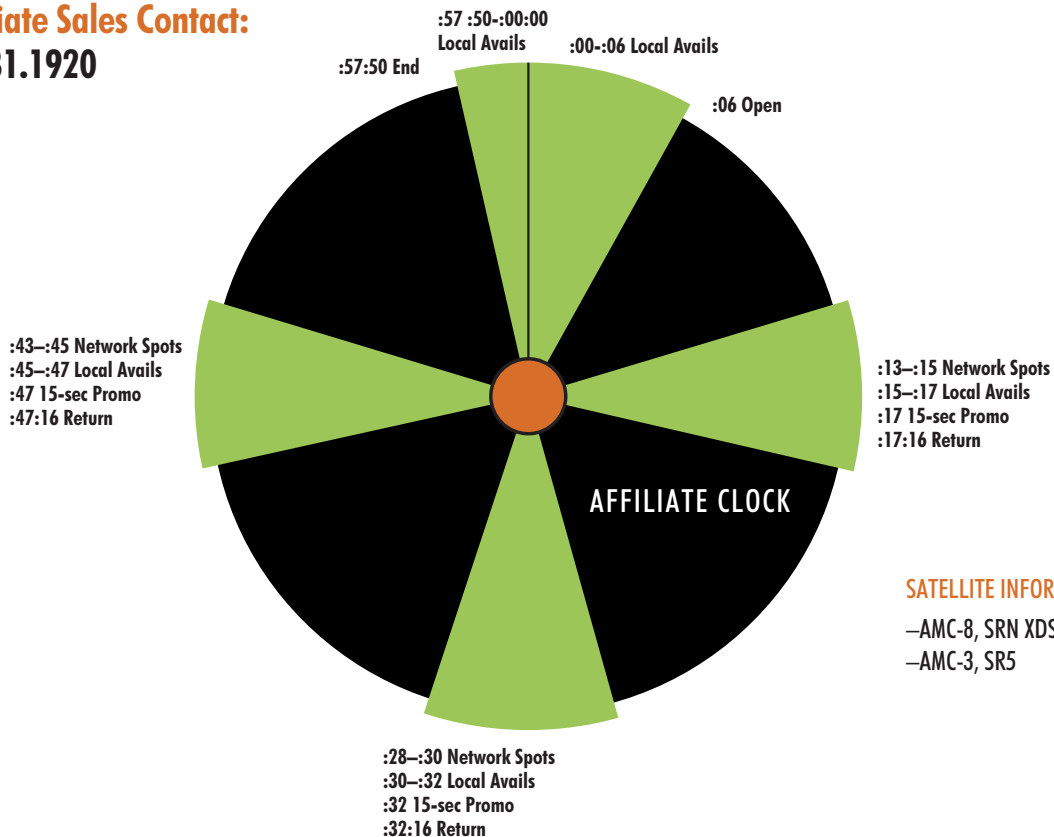
HOST:

**Karen Masterson Koch
LEARN THE ABCS
OF HEALTH**

Karen Masterson Koch, a leading health educator and clinical nutritionist, offers your listeners research-based, practical info that can improve the way they look and feel. Co-hosted with Kelly Cappasola, The Forever Young Radio Show delivers compelling conversation about health, fitness, nutrition, and lifestyle.

Live Saturday: 11a–1p ET (SR2) • Refeeds: Saturday 3a–4a ET (SR1) and Sunday 12n–1p ET (SR2)
Live Saturday: 11a–1p ET AMC-8, SRN XDS

For Affiliate Sales Contact:
(972) 831.1920



SATELLITE INFORMATION

- AMC-8, SRN XDS
- AMC-3, SR5