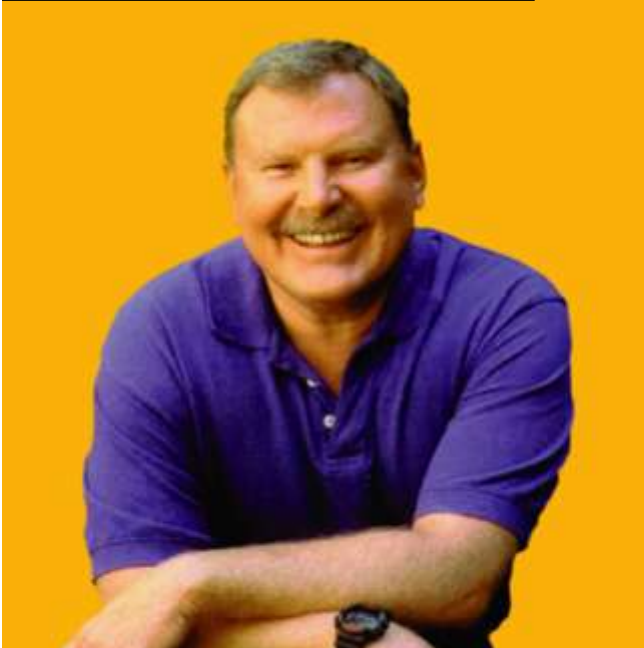




# Pain Free Radio



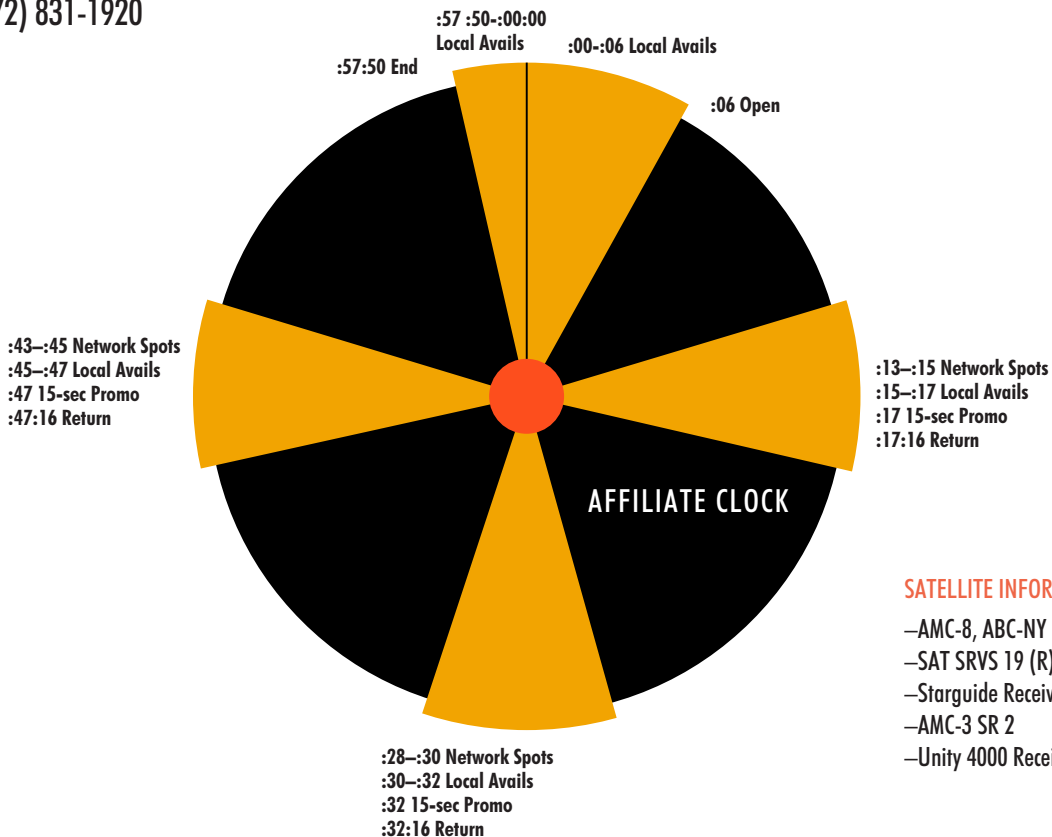
## Host: Pete Egoscue A PAIN-FREE REVOLUTION

Pete Egoscue has developed a system of gentle stretching exercises, the Egoscue Method<sup>®</sup>, which return the body to a healthy pain-free state. Listeners call Pete to discuss their problems with physical pain, and he directs them through specific exercises which often yield immediate results live on the radio!

[www.srnonline.com](http://www.srnonline.com)

Live: Saturday 12p–1p ET (SR2) • Refeeds: 3a–4a ET (SR1) and Sunday 12n–1p ET (SR2)

CONTACT: (972) 831-1920



### SATELLITE INFORMATION

- AMC-8, ABC-NY
- SAT SRVS 19 (R)
- Starguide Receiver
- AMC-3 SR 2
- Unity 4000 Receiver