

Forever Young Radio Show

LEARN THE **ABCs** OF HEALTH



Cary Nosler



Kelly Cappasola

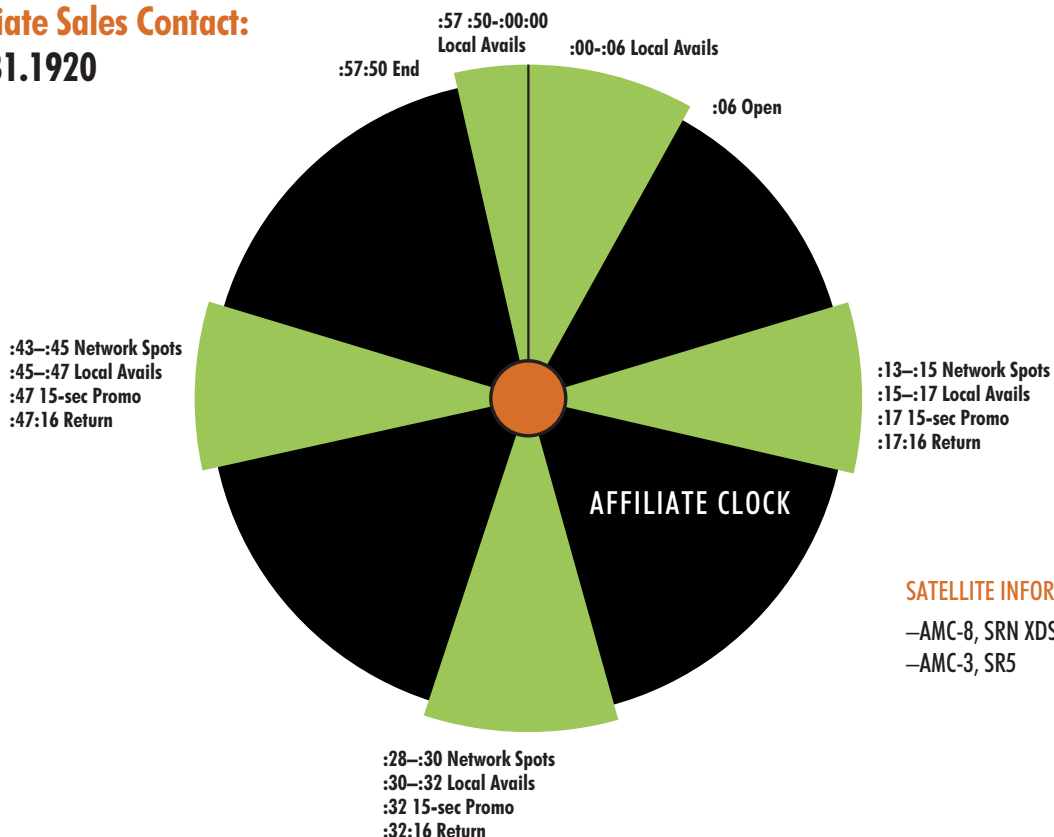
CO-HOSTS: Cary Nosler and Kelly Cappasola

Cary Nosler is thrilled to be expanding his reach by hosting the nationally syndicated radio program, Forever Young. Since his graduation from California State University in Sacramento with a degree in psychology, Cary's personal life and career track have been focused on bringing pertinent information about health to the public. He is passionate about this purpose and very excited about spreading his message of health and fitness to radio listeners nationwide.

Kelly Cappasola has been involved in radio for the past 14 years. She has produced many top-ranked national health programs including Forever Young, which she created and produced in 2000. Kelly lends her advice and personal experience on living a better quality of life through diet and supplementation.

Live Saturday: 11a–1p ET (SR2) • Refeeds: Saturday 3a–4a ET (SR1) and Sunday 12n–1p ET (SR2)
Live Saturday: 11a–1p ET AMC-8, SRN XDS

For Affiliate Sales Contact:
(972) 831.1920



SATELLITE INFORMATION

- AMC-8, SRN XDS
- AMC-3, SR5